

**2017 TASMANIAN CROSS COUNTRY CHAMPIONSHIPS  
FORMAT AND PROGRAM FOR ALL THREE DAYS  
SYMMONS PLAINS RACEWAY**

In 2017 the Tasmanian Cross Country Championships will be conducted in a brand new format.

Age Championships will be conducted in conjunction with the Tasmanian All Schools – Primary and Secondary. In order to simplify things and enable athletes to know who they are competing against in the state championships component the number of state championships age groups will be increased to match those used at the All Schools. In other words:

**Day 1 – 27 June (with Primary All Schools)**

Under 10 (9yrs All Schools) for athletes born in 2008	2000m (M/W)
Under 11 (10yrs All Schools) for athletes born in 2007	2000m (M/W)
Under 12 (11yrs All Schools) for athletes born in 2006	3000m (M/W)
Under 13 (12yrs All Schools) for athletes born in 2005*	3000m (M/W)

**Day 2 – 4 July (with Secondary All Schools)**

Under 14 for athletes born in 2004 or 2005*	3000m (M/W)
Under 15 for athletes born in 2003	4000m (M/W)
Under 16 for athletes born in 2002	4000m (M/W)
Under 17 for athletes born in 2001 #	6000m (M)/4000m (W)
Under 18 for athletes born in 2000 #	6000m (M)/4000m (W)

\*uniquely those born in 2005 may compete in either or both age groups

# AT registered athletes born in 2000 or 2001 who are not at school may compete in these events (and/or in the U20 or open on 8 July) but will only be eligible for the State championships component.

Entry in the Tasmanian Age Championships component can be made only through the entry portal on the AT website. The standard AT championships entry fee of \$11 applies. Athletes may enter these events only or in addition to the separate entry they have or will make for the Tasmanian All Schools:

<https://2017tasagexc.eventdesq.com/>

There will be no under-age club teams' championships in 2017 given the new format. However these will be replaced by club relay championships on Day 3.

## **Day 3 – 8 July (U20 and Open State Individual and Teams Champs/Age Relays)**

### Timetable

11:30am: 6000m (2 x 3000m) Under 20 Women  
11:30am: 6000m (2 x 3000m) Over 60 Men/Over 60 Women  
12:00pm: 8000m (1 x 2000m; 2 x 3000m) Under 20 Men  
12:00pm: 8000m (1 x 2000m; 2 x 3000m) Over 50 Men/Over 50 Women  
1.00pm: 10000m (2 x 2000m; 2 x 3000m) Open/Over 40 Women  
1:00pm: 10000m (2 x 2000m; 2 x 3000m) Open/Over 40 Men  
2:15pm: 3x2000m Relay (U12 M/W and U14 M/W; U13 Mixed Gender)  
2:45pm: 3x3000m Relay (U16 M/W, U18m M/W, U17 Mixed Gender)  
3:15pm 3000m Participation Event

### Entries for Individual Events

Entries for the individual events (both AT/TMA and TMA only) may only be made through the entry portal on the AT website. The standard AT entry fee of \$11 applies for all AT/TMA events. Those entering the TMA championships only enter via the AT website at no charge and pay their entry fee direct to TMA in the usual way. The entry portal is:

<https://2017tasxc2.eventdesq.com/>

Athletes must turn at least 14 years of age during 2017 in order to participate in the U20 or open championships.

Athletes may compete in one age group only. The exception to this rule is the over 40 age groups which is a supplementary category within the open age group. These athletes should enter the open events and will automatically be included in the supplementary category results. Athletes who are placed in the open category may, if eligible, also be awarded medals in the over 40 age group.

These Championships are open only to athletes who are registered OOS or full year with AT or with TMA. Athletes entering TMA events only must turn 30 prior to the competition day.

The only exception is where the state selectors invite an athlete to trial for the State Under Age Team for any reason. Any such athlete must make arrangements for their entry directly with the AT office. They will not be eligible to be placed in any classification but their performance will be recorded and otherwise recognised.

## Entries for Club Team Events

Subject to entries being received club team championships will be conducted in each of the above age groups – U20/Open/40+/50+/60+.

Clubs must “enter” as in the past:

1. Club team entries will not be specifically required. Up to two teams per club in each age group will be recognised based on the first 3 or 4 (or 6 or 8) athletes to finish in each age group.
2. Clubs will be invoiced on this basis. Clubs that wish not to participate in the teams competitions on this basis must notify the AT Events Commissioner by email ([brian.roe@iaaf.org](mailto:brian.roe@iaaf.org)) by 4.00pm on Friday, 7 July and indicate in which age groups they wish to participate and the number of teams.
3. Club team championships will be contested in each age group. Over 40 athletes may be counted in both open and over 40 categories. Three count for each team except in open where four will count. Only “scoring” athletes will however be included in team calculations. Only scoring athletes will be eligible for medals.
4. Club entry fees will be \$28.60 for open and \$22.00 for all other age groups.

## Regulations for Club Under Age Relay Events

1. Clubs must enter the number of teams they wish to compete in each relay on the form that will be distributed next week. This form must be submitted by 5pm on Friday 7 July by email to [brian.roe@iaaf.org](mailto:brian.roe@iaaf.org)). The entry fee will be \$16.50 per team.
2. The names and running order of those actually taking part must be handed to the “Competition Office” at Symmons Plains on race day no later than 30mins before the timetable start of the race.
3. All teams shall comprise three athletes. In mixed events there must be one male and one female in each team. Teams may only be entered by AT clubs but they may include in any of their teams athletes who are registered OOS or full year with AT as well as any non-registered athlete who competed and completed their race in the 2017 Tasmanian All Schools Cross Country. This initiative is to encourage clubs to develop relationships with interested athletes who are not currently registered with AT.

4. Age eligibility is as follows:

3x2000m Under 12 Men – athletes must be born in 2006/2007/2008

3x2000m Under 12 Women – athletes must be born in 2006/2007/2008

3x2000m Under 13 Mixed - athletes must be born in 2005/2006/2007/2008

3x2000m Under 14 Men – athletes must be born between 2004 and 2008 incl

3x2000m Under 14 Women – athletes must be born between 2004 and 2008 incl

3x3000m Under 16 Men – athletes must be born between 2002 and 2006 incl

3x3000m Under 16 Women – athletes must be born between 2002 and 2006 incl

3x3000m Under 17 Mixed – athletes must be born between 2001 and 2006 incl

3x3000m Under 18 Men – athletes must be born between 2000 and 2006 incl

3x3000m Under 18 Women – athletes must be born between 2000 and 2006 incl

Brian Roe

Events Commissioner

22 June 2017