

## AUG (CONT.)

### North

- Sat 5 Westbury
- Sat 12 Mt Barrow - Div 1 only
- Sat 19 Paper Beach
- Sat 26 Georgetown

## SEPT

### South

- Sat 2 Kempton Road 4km & 8km
- Sat 2 Flinders Island Running Festival
- Sun 3 Ross Marathon, Half Marathon & 10K
- Sat 9 Runnymede Cross Country 5km & 10km
- Sat 16 Tolosa Park Relay 3 Runners x 3 x 1.5km
- Sun 17 Budget Rent A Car Fun Run & Walk
- Sun 24 Endorfun Trail Run 17.5km

### North

- Sat 2 Royal Park
- Sat 9 HollyBank
- Sat 16 Bridport
- Sat 23 Greens Beach

## OCT

### South

- Sun 1 TMA Spring Series (Race 1) 4.5km & 9km
- Sat 14 Freycinet Lodge Challenge Day 1
- Sun 15 Freycinet Lodge Challenge Day 2
- Sat 21 Australian Masters Games Street Mile
- Sun 22 Burnie Ten (Incl. Aus Masters Games) 10km
- Fri 27 Australian Masters Games Cross Country
- Sat 28 Australian Masters Games Half Marathon
- Sun 29 TMA Spring Series (Race 2) 4.5km & 9km

## NOV

### South

- Sun 5 SBHC Fun Run 4km & 8km
- Sun 19 Point to Pinnacle
- Sun 26 TMA Spring Series (Race 3) 4.5km & 9km

## DEC

### South

- Sat 2 Bruny Island Ultra Run/Relay 64km

## NORTHERN INFORMATION

<http://www.newsteadathletics.org.au/>

## SOUTHERN INFORMATION

<http://athleticssouth.org.au>



Visit the "Club Directory" at  
[www.tasathletics.org.au](http://www.tasathletics.org.au)



[www.tasathletics.org.au](http://www.tasathletics.org.au)  
[info@tasathletics.org.au](mailto:info@tasathletics.org.au)  
Phone: (03) 6234 9551



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**GO THE DISTANCE!**  
WITH CROSS COUNTRY IN 2017

**JOIN A CLUB TO HAVE FUN**

**AND IMPROVE YOUR FITNESS!**



## ABOUT CROSS COUNTRY

If you enjoy fun runs, long distance running or walking, getting outside and spending time with your friends - then Cross Country may be for you!

Athletics Tasmania offers Cross Country events throughout the state, with weekly events available in both the North and South.

## FEATURES OF CROSS COUNTRY

- Cross Country is an all inclusive sport for all levels of participation; it doesn't require a specific skill or ability level;
- competition is over within a short time frame, at a regular time on the weekend;
- it's a fun environment at a range of locations;
- courses include roads, beaches, tracks and a combination of them all!

## 2017 CALENDAR

### APRIL

#### South

- Sat 1 Graeme Cruise Memorial 3km & 6km
- Sun 2 *Round the River Fun Run*
- Sat 8 5 Mile Beach Cross Country 4km & 8km
- Sat 22 Domain Cross Country 4km & 8km
- Sun 23 *Oatlands Fun Run*
- Sat 29 Police Academy Road 4.5km & 9km
- Sun 30 *Endorfun Trail Run 18km*

#### North

- Sat 8 Tailrace
- Sat 15 Hazelbrae Hagley
- Sat 22 Carr Villa
- Sat 29 Rosevale

### MAY

#### South

- Sat 6 St Virgils Cross Country 3.5km & 7km
- Sun 7 Jim Burr Memorial Mountain Run
- Sat 13 John Keenan Memorial Governm. House
- Sun 14 *Mothers Day Classic Fun Run 4km & 8km*
- Sat 20 Wentworth Park Handicap 4km & 8km
- Sun 21 *City to Casino 2.5km, 7km, 11km*
- Sat 27 Tas Bevis Memorial 5km & 10km
- Sun 28 *Kingston Fun Run 5km*

#### North

- Sat 6 Clarendon
- Sat 13 Heritage Forest Carr Villa
- Sun 14 Royal Park
- Sat 20 Low Head
- Sat 27 Grindelwald

### JUNE

#### South

- Sat 3 Max Cherry Memorial Ridgeway Road
- Sun 4 Tasmanian Masters Athletics Road Titles
- Sat 10 Gellibrand Drive 4.5km & 9km
- Sat 17 Claremont Foreshore Handicap 4km, 8km
- Sat 24 Bagdad Cross Country 4km & 8km
- Sun 25 *Endorfun Trail Run 10km & 29km*

### JUNE (CONT.)

#### North

- Sat 3 Symmons Plains Farm
- Sat 10 Hadspen
- Sat 17 Inveresk
- Sun 18 *Launceston Ten Fun Run*  
**(Includes AT 10km Road Titles)**
- Sat 24 Hagley Farm School

#### Statewide

- Tue 27 **Tasmanian All Schools (Primary) Cross Country - Symmons Plains**

### JULY

#### South

- Sat 1 Hobart College 4.5km & 9km
- Sun 2 *Gold Coast Marathon & Half Marathon*
- Sat 15 Baskerville Raceway Road 4km & 8km
- Sat 22 Smith's Apple Orchard 4km & 8km
- Sat 22 *Endorfun Trail Run 6.2km*
- Sat 29 Gellibrand Drive Relay (4 runners)
- Sun 30 *Glenorchy Fun Run 2km, 5km & 10km*

#### North

- Sat 1 Trevallyn Reserve
- Sat 15 Diddleum
- Sat 22 Riverside
- Sat 29 Deloraine

#### Statewide

- Tue 4 **Tasmanian All Schools (Secondary) Cross Country & AT Underage Champs - Symmons Plains**
- Sat 8 **IGA Tasmanian Cross Country Champs (Combined AT & TMA) - Symmons Pln.**

### AUGUST

#### South

- Sat 5 Opossum Bay 4.5km & 9km
- Sat 12 Police Academy 3km & 6km
- Sat 12 **School Sport Australia Cross Country Championships (Rokeby)**
- Sat 19 Froggy Wise Memorial 4.8km & 9.6km
- Sat 26 Dru Point Reserve 4km & 8km
- Sat 26 **Australian Cross Country Championships**